

CONTENTS

Introduction

Sapta Chatusthaya

Sapta Chatusthaya	3
Outline of the Seven Chatusthayas (Revised Order)	24
Incomplete Notes on the First Chatusthaya	25

Part One

Diary Entries 1909–1912

17–25 June 1909	33
28 January–17 February 1911	38
13 January–8 February 1912	47
1–25 July 1912	74
12 October–26 November 1912	104

Part Two

Record of Yoga 1912–1920

26 November–31 December 1912	117
1–31 January 1913	175
1–14 February 1913	228
1 and 12 April, 19 and 21 May 1913	240
4–30 June 1913	246
1–11 July 1913	274
5–21 September 1913	287
22–30 September 1913	302
11–23 November 1913	305
24 November–2 December 1913	324
1–12 December 1913	334
12–21 December 1913	342
22 December 1913–15 January 1914	353
12 March–14 April 1914	382
15 April–1 June 1914	444
10 June–29 September 1914	484

CONTENTS

29–30 September–31 December 1914	631
1 January–27 February 1915	779
22 April–26 August 1915	830
19 February–20 March 1916	909
9 January–14 February 1917	919
15 February–31 March 1917	958
15 August–28 September 1917	994
14–28 February 1918	1021
3–27 March 1918	1033
20 April–20 May 1918	1038
21 May–1 July 1918	1083
24 June–14 July 1919	1095
15–26 July 1919	1125
27 July–13 August 1919	1147
14 August–24 September 1919	1169
1–29 February 1920	1184
1 March–10 April 1920	1200
7–26 June 1920	1225
17–19 October 1920	1239

Part Three

Record of Yoga 1926–1927

December 1926–6 January 1927	1245
7 January–1 February 1927	1249
7–22 April 1927	1265
24–31 October 1927	1271

Part Four

Materials Written by Sri Aurobindo Related Directly to *Record of Yoga*, c. 1910–1931

Undated Record and Record-related Notes, c. 1910–1914	1277
Sortileges of May and June 1912	1285
Undated Notes, c. November 1912	1287
Draft Programme of 3 December 1912	1289

CONTENTS

Undated or Partly Dated Script, 1912–1913	1290
Sortilege of 15 March [1913]	1311
Accounts of 31 May–15 June 1913	1312
Record Notes, 13 and 15 September 1913	1317
Vedic Experience, 14 and 15 December 1913	1319
Undated Notes, c. 1914	1321
Notes on Images Seen in March 1914	1323
Undated Script, c. 1920	1336
Undated Notes, c. December 1926	1337
Undated Notes, c. January 1927	1344
Notes on Physical Transformation, c. January 1927	1345
Diagrams, c. January 1927	1349
Miscellaneous Notations, c. February–April 1927	1352
Record of Drishti, 30 July 1927	1353
Undated Script, c. 1927	1354
Undated Script, c. 1927–1928	1356
Notes on Prophetic Vision, 1929	1358
Diagrams, c. 1931	1359
Undated Script Jottings	1361
Part Five	
Automatic Writing	
“The Scribblings”, c. 1907	1367
Yogic Sadhan	1371
Automatic Writings, c. 1914 (First Set)	1400
Automatic Writings, c. 1914 (Second Set)	1404
Automatic Writing, c. 1920	1410
Automatic Writings, c. 1920	1411
Appendixes	
Material from Disciples’ Notebooks	
Miscellaneous Notes, c. 1914	1453
Sapta Chatusthaya—Scribal Version	1467
Note on the Texts	1485